



LIFESTYLE **SPA**

LIOSTASI **SPA**



ELEMIS is the pioneering British Skincare and Spa brand that treats over 6.5 million people each year and has the single largest influence on trends and developments in the global skincare and spa industry. The successful combination of powerful natural ingredients, cutting edge formulation technology and proven clinical trials has enabled ELEMIS to bring to market some of the most influential anti-ageing skincare products and professional spa therapies the beauty industry has ever seen. ELEMIS ensures that all formulations have maximum therapeutic activity. Sublime sensory. Personally prescribed. The experience is exceptional; the results are real.



iS Clinical offers technologically advanced treatments for the skin, using only the best active ingredients. Its products rejuvenate the complexion while clarifying, balancing and nourishing the skin. With a carefully assembled team of renowned pharmacologists and physicians, iS Clinical's cutting-edge approach provides exceptional long-term results, helping to diminish the appearance of common signs of aging while promoting overall skin health.

LIOSTASI SIGNATURES

Our SIGNATURE TREATMENTS are a must-try from our collection of therapies, curated and designed by our expert team of therapists.

GREEK BOTANICAL GARDENS AROMATHERAPY MASSAGE

60' | 85.00€ 90' | 110.00€

Take a walk in a Greek Botanical Garden with this hydrating body massage. An extremely relaxing massage that brings everything back to the potency of aromatics.

Choose your Botanical Greek Garden Journey:

- The Botanicals of Calm: Rosewood, Clary Sage, Lavandin
- The Botanicals of Clarity: Bitter Orange, Cardamom, Ginger
- The Botanicals of Strength: Ylang Ylang, Cedarwood, Geranium
- The Botanicals of Love: Vetiver, Frankincense, Rose Pepper
- The Botanicals of Sleep: Patchouli, Elemi, Palmarose

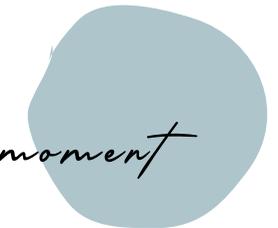
GLASS SKIN FACIAL with Oxygen Dome Inspired by K-Beauty

75' | 110.00€

A revolutionary treatment using a Hyperbaric Chamber which provides oxygen and anions directly into a dome at high concentrations, offering numerous skin benefits. The facial concludes with a Vitamin C Brightening Peel-off Facial Mask, providing immediate radiance and glow.

The anions and oxygen from the Chamber help:

- reduce signs of aging
- heal damaged cells
- promote blood circulation
- reduce bacteria
- detoxify the skin
- rebalance the skin's PH levels
- energize the body



MASSAGES

ELEMIS DEEP TISSUE MASSAGE

30' | 50.00€ 60' | 90.00€ 90' | 115.00€

A vigorous workout for the body, alleviating high stress levels and muscle soreness, while also supporting pure relaxation and emotional balance. Skin is prepped to release toxins and the flowing massage works deeper into the tension, encouraging optimum circulation.

ELEMIS FRANGIPANI INDIAN HEAD & SCALP MASSAGE WITH BACK MASSAGE

60' | 80.00€

Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. The treatment features the amazing Frangipani Monoi Head & Scalp Mask as well as a 20' Relaxing Back Massage.

ELEMIS HOT STONE MASSAGE

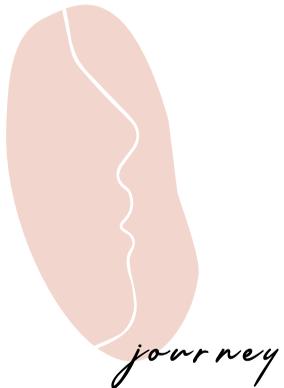
60' | 100.00€ 90' | 120.00€

Bathed in the intensely moisturising Frangipani Monoi Body Oil, a curated range of Balinese stones are worked over the body, releasing trapped energy, offering sparkling vitality and deep hydration.

ELEMIS PEACEFUL PREGNANCY MASSAGE

75' | 105.00€

An intuitive, sensitive and relaxing pregnancy massage, hydrates and moisturises the skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted along with wisdom, empathy and respect.



BODY THERAPY

ELEMIS INTENSELY CLEANSING SALT SCRUB - LIME & GINGER OR FRANGIPANI

40' | 70.00€

The cleansing power of salt helps release toxins in this body-polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

ELEMIS AFTER-SUN NECTAR NOURISHING WRAP

60' | 80.00€

A lusciously fragrant, intensely moisturising body wrap with Far East feel, utilizing the velvety texture of Monoi oil. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning offer deep hydration.

ELEMIS TARGETED CONTOURING BODY TREATMENT

30' | 70.00€ 90' | 120.00€

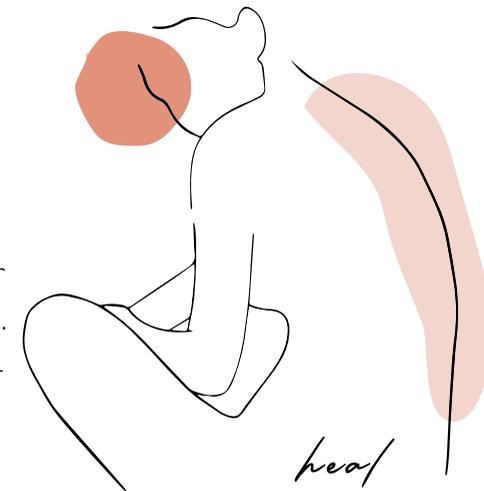
A powerful blend of minerals and seaweeds target cellulite and poor skin tone. Nigari salt cleanses, followed by a sculpting massage to kick start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling, rich in caffeine, rubberised mask is applied along with green clay and clinically proven red algae. The result is a targeted body airbrush and toned and refreshed skin.

Choose a localised treatment: Arms, Hips & Thighs or Abdomen

ELEMIS CELLUTOX AROMA SPA WRAP FOR CELLULITE & FLUID RETENTION

75' | 110.00€

Cocooned in a comforting wrap of rich marine algae, detoxifying juniper and lemon, enjoy a facial and scalp treatment or soothing foot massage. The treatment helps refine the appearance of cellulite and relieves discomfort from fluid retention.



FACIALS

ELEMIS PRO-GLOW SMOOTH

50' | 100.00€

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

ELEMIS PRO-GLOW BRILLIANCE

30' | 65.00€ 50' | 90.00€

Triple cleansing that melts away make-up and daily pollutants while gentle resurfacing dissolves dead skin cells. A fusion of superfoods and antioxidant-rich facial oils plumps the skin with moisture and helps to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

ELEMIS PRO-GLOW FACE WORKOUT

50' | 100.00€

A face cardio session that tones, tightens and sculpts the contour. Using the ELEMIS Sculpting wands we encourage micro-circulation to help absorb the ELEMIS active ingredients. The Ultra Smart Eye Tools target puffiness and dark circles of the eye contour area and the ELEMIS Jowl & Chin Signature Massage helps firm the area around the chin, after the application of the Jowl & Chin mask, infused with plant stem cells for the production of elastin.

ELEMIS PRO-GLOW GENIUS FACIAL

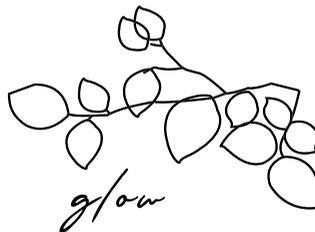
75' | 120.00€

Clinically proven, intelligent skincare and our triple level approach to skin hydration results in transformative outcomes for younger-looking skin. Powered by our ultra-smart technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and hydration, skin will be visibly smoother, resilient and firmer-looking.

ELEMIS PRO-GLOW MEN'S FACIAL

50' | 90.00€

A hard-working facial for ageing, stressed, dehydrated skin and tired eyes that restores vital moisture and nutrient levels. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massages aid deep relaxation.



MEDI-AESTHETIC FACIALS

iS CLINICAL FIRE & ICE FACIAL

60' | 110.00€

A pharmaceutical grade, botanically derived cosmeceutical facial. Known globally as the 'Red Carpet Facial', this treatment is designed to safely resurface the skin, reduce fine lines and wrinkles. Recommended after 5 pm to avoid direct sun exposure and use full spectrum sun protection for the days after.

iS CLINICAL EYE BRIGHT TREATMENT

15' | 45.00€

A pharmaceutical grade, botanically derived cosmeceutical facial. Upgrade any facial with the Eye Bright to visually address fine lines, wrinkles, dark circles and puffiness. Deeply nourishing, this 15-minute treatment restores hydration and nutrition, providing instant improvement and long-term results.

Medi-Aesthetic Add-Ons

- Oxygen & Anion Dome: 15' | 40.00€
- Scalp Massage: 10' | 20.00€
- Shoulder & Décolleté Massage: 10' | 20.00€
- Theragun Massage: 10' | 20.00€

WELLNESS PACKAGES

SLEEP RECOVERY

3 DAYS | 270.00€

- Day 1: ELEMIS The Botanicals of Sleep Massage 90'
- Day 2: ELEMIS The Botanicals of Calm Massage 60'
- Day 3: ELEMIS Pro-Glow Brilliance Facial 50'

SKIN ANTI-AGEING HOLIDAY

2 DAYS | 160.00€

- Day 1: The Glass Skin Facial 75'
- Day 2: Targeted Contouring Body Treatment 30'

MEDI-AESTHETIC SKIN VACATION

90' | 145.00€

- iS Clinical Fire & Ice Facial 60'
- Head & Scalp Massage with Hair Treatment 30'
- Rejuvenating multivitamin Juice

DETOX SPA JOURNEY

2h15' | 240.00€

- ELEMIS Pro-Glow Brilliance Facial 30'
- ELEMIS Targeted Toning Tightener 30'
- ELEMIS Cellutox Aroma Spa Wrap 75'
- Superfood Detox Salad

COUPLE'S RETREAT

120' | 270.00€ (for both)

- ELEMIS Pro-Glow Brilliance Facial 30'
- ELEMIS Deep Tissue Massage 60'
- Jacuzzi & Steam Room 30'

THE BRIDE

2h | 195.00€

- ELEMIS Pro-Glow Smooth Facial 50'
- ELEMIS Intensely Cleansing Salt Scrub 40'
- Gel Manicure 30'

THE GROOM

2h20' | 195.00€

- ELEMIS Pro-Glow Men's Facial 50'
- ELEMIS Deep Tissue Massage 60'
- Pedicure 30'

STEAM ROOM & JACUZZI

30' | 20.00€

BEAUTY SALON

Hand & Foot Care

Liostasi Manicure	50' 30.00€
Liostasi Pedicure	60' 40.00€
Soak-off Manicure	60' 35.00€
Soak-off Pedicure	60' 45.00€
File & Nail Polish	20' 20.00€

Hair Removal

Lip / Chin / Under Arm	15' 10.00€
Bikini Line	20' 20.00€
Eye Brow Shaping	15' 10.00€
Half Leg	15' 20.00€
Full Leg	30' 30.00€
Half Arm	15' 15.00€
Full Arm	20' 20.00€

Men's

Back	20.00€
Chest	20.00€
Back & Chest	30.00€

Make-up Services

Professional Make-up	50.00€
Professional Bridal Make-up (with trial)	170.00€

SPA ETIQUETTE

Treatment Preparation

We recommend that you arrive 30' prior to your scheduled treatment, allowing time to complete your health questionnaire, loosen and relax your muscles.

Cancellation Policy

We kindly ask you to give a minimum of a 4-hour cancellation notice. Cancellations made within 4 hours will be subject to the full charge of the treatment booked.

Health Conditions

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

Spa Environment

Please refrain from smoking and turn your phone off or to silent setting while in, or around the Spa areas. The minimum age for taking a spa treatment is 16 years. Parental consent is required for guests under the age of 18.

Valuables

The Spa accepts no responsibility for loss of valuables at any time on the spa premises. We request that you leave your valuables in your room.

Off-Spa Treatments

Our body massage rituals are available at your privacy of yacht or villa. An extra charge on the price will be applied.

LIOSTASI SPA

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